





Tuscany Coast

Tuscany

From the leaning tower to Elba

Hardly any other country makes the traveller’s heart beat faster than ‘Bella Italia’ and hardly any other region represents the Italian way of life as much as Tuscany. Wine, olives and the sea are just a few of the main attractions that make this tour in Italy very special. There are also cultural delights, such as the Leaning Tower of Pisa or ‘Venezia Nova’ in the port city of Livorno. The ‘grand finale’ of the 7-day tour along the Tuscan coast is the day trip to the island of Elba, where breathtaking scenery awaits.

Italy

 Moderate

 7 Days / 6 Nights

 Self-guided tour

To the online version



Itinerary

Day 1 Arrival at Pisa

Individual arrival at starting hotel in Pisa. In the evening tour info and bike distribution. A first glimpse and visit of the exquisite old part of town already possible on the day.

Day 2 Trip to the sea approx. 30 km + train journey

From the Piazza dei Miracoli, home of the Leaning Tower, there are lovely trails winding through the national park ‚Macchia Lucchese‘ directly to the sea. Along the sandy beach you will reach the charming sea side town and spa Viareggio. On the way there and in the resort the refreshing waters of the Tyrrhenian Sea will tempt you to dive in. Short train ride back to Pisa.

Day 3 Pisa – Castiglioncello approx. 40 km + train journey



In the morning a short train ride to Livorno. This historic harbour has a lot to offer including the well known quarter ‚Venezia Nuova‘ with its many canals. Once past the Belle Epoque villas along the river promenade, the bike tour continues deep into the hinterland. An extended ascent leads through the national park ‚Monti Livornesi‘, passing through traditional Tuscan villages along the way until descending towards the sea with magnificent seaviews. The place to stay overnight is located close to steep cliffs, trails along the beach and palm trees truly ooze Mediterranean atmosphere.

Day 4 Castiglioncello – Marina di Castagneto approx. 50 km

Today's section is all about the Etruscan coastline. Via the famous white sandy beaches of Vada you will pass through some of the most striking pine forests in all of Italy. After that a cool cycling path in the shade leads you through the nature park ‚Tomboli‘ and then on to Bibbona. From there your journey takes you to the well known wine region of Bolgheri. It is here where the top Tuscan grapes are pressed! After passing the longest Italian avenue lined with cypresses, once again the sea is not far away. Marina di Castagneto is a classic Italian sea side town with its many beach cafes and promenades.

Day 5**Marina di Castagneto – Piombino approx. 60 km**

The day starts with an ascent towards the medieval town called Castagneto Carducci. A well deserved break over a cup of cappuchino and stunning views follows. After that the ride continues upwards on a curvy mountain road through romantic cork oak forests. A few breaks in little traditional villages with the characteristic stone built houses will stay in your memory forever. Next a comfortable descent through olive groves takes you to the well known beach ‚Golfo di Baratti‘ with Etruscan excavation sites and all. Only a few kilometers left until Piombino, an impressive seaside town where you can relax on the Piazza directly at the sea.

Day 6**Day trip to the island of Elba approx. 15-35 km + ferry**

Ferry ride will take you to Portoferraio (duration approx. 1 hour). Stunning scenery and first glimpses of the island accompany the boat trip. A short cycling path along the panoramic route will lead you to several secluded bays and coves. The longer tour takes you through the hilly hinterland with its characteristic island vegetation of the ‚Macchia Mediterranea‘. On the return journey to Piombino a picturesque and glorious sunset at sea will be the perfect ending to this day.

Day 7**Individual departure or extension**

The route

The terrain is mainly flat to slightly hilly. The only two strenuous stretches are during the two legs in the hinterland. Nearly all cycle paths are asphalted and some segments along the sea will be on rustic but well maintained trails. Due to lack of cycle paths along some sections, cycling briefly on roads with moderate traffic is unfortunately unavoidable.

Prices and events

Place of arrival: Pisa

	Season 1 28.04.2024 - 11.05.2024 06.10.2024 - 13.10.2024 Sunday	Season 2 12.05.2024 - 07.06.2024 14.09.2024 - 05.10.2024 Sunday	Season 3 08.06.2024 - 13.09.2024 Saturday and Sunday
Tuscany coast 7 days, cat. X, IT-TORTK-07X			
Base price	999.00	1,099.00	1,249.00
Surcharge single room	359.00	359.00	359.00

Sustainability with Rückenwind!

Help us to achieve greater sustainability. If you choose to use the digital route book and forgo the printed version you will help us to reduce our environmental impact and we'll give you a discount of 20 Euro per room as a thank you.

Additional nights

Place of arrival: Pisa

	Season 1 Apr 28, 2024 - May 11, 2024 Oct 6, 2024 - Oct 13, 2024 Sunday	Season 2 May 12, 2024 - Jun 7, 2024 Sep 14, 2024 - Oct 5, 2024 Sunday	Season 3 Jun 8, 2024 - Sep 13, 2024 Saturday and Sunday
Pisa			
Double room p. P. cat. A	69.00	69.00	69.00
Surcharge single room	39.00	39.00	39.00

Our bookable bikes

Price

21-gear unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
7-gear unisex incl. rental bike insurance	99.00
rental bike PLUS incl. rental bike insurance	169.00
Electric bike incl. rental bike insurance	259.00

Prices per person in EUR

Services & Extras

Services

Included

- Accommodation as already mentioned
- Breakfast
- Welcome briefing (German, english)
- Luggage transfer
- Developed route
- Detailed travel documents 1x per room (German, English, French)
- 1 Train journey from Viareggio – Pisa and from Pisa – Livorno incl. your bike
- 1 ferry to Elba and back incl. your bike
- App for Navigation and GPS-data
- Rental bike insurance
- Service hotline

Not included

- Arrival and departure
- costs for parking
- city tax
- transfers
- optional sightseeing's
- city maps
- Travel Insurance
- costs of the private requirements

Extras

Arrival/ departure parking information

- By train to Pisa, from there a few steps to the starting hotel.
- By plane to Pisa with good bus connections to the station.
- Public garage approx. € 17,- / day, payable on site; or free parking, no reservation possible!
- Return transfer by minibus to Pisa every Saturday, this costs € 85,- per person, € 39,- extra for your own bike, to be paid in advance, reservation is necessary

Hotels

Category: 3***hotels most of them directly by the sea, Pisa 4**** hotel

Important notes


Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Anke Tammen

 **+49 (0)441 485 97 15**

 **anke.tammen@rueckenwind.de**

Book now