













★★★★★ (31)

# East Frisian Impressions





Cycling along the North Sea coast...

## With optional cycle tour on Island Norderney


Cycling in East Frisia a special pleasure! Where else can you combine North Sea climate, flat natural landscapes, a lot of interesting culture and hospitality as well as ideal cycle paths to such a varied cycle tour? Follow us to hidden moor villages, green dykes and idyllic marshes. Explore the culture of Störtebeker's region or the East Frisian national beverage - the tea. Rest at "leaning" churches and historic chieftain fortresses and discover picturesque little villages of this unique region. Optional highlight is a day on the Island Norderney.


Germany

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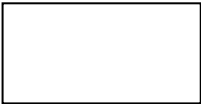
 Easy

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 8 Days / 7 Nights

 Self-guided tour

To the online version



# Itinerary

## Day 1 Arrive in Oldenburg

Start the circular tour at bicycle centre Oldenburg . After the information meeting you are free to explore Oldenburg.

## Day 2 Oldenburg – Wiesmoor

On your first stage you cycle through "Ammerland" region with tidy little rhododendron gardens. Health resort Bad Zwischenahn on "Zwischenahner Meer" has a well known speciality to offer: Smoortaal – fresh smoked eel. You pass the highest elevation of East Frisia (18 m) near Remels and reach Wiesmoor. (approx. 55 km)

## Day 3 Wiesmoor – Aurich – Emden

Through Fehn-settlements you reach "Aurich" with its historic centre. The East Frisian capital was ruled during centuries by East Frisian chieftains and dukes. Along Ems-Jade-Canal you cycle to Emden with its sea-port. Emden once was one of the wealthiest harbours of Europe: nevertheless it never joined the Hanse. You should visit the arts hall and Otto-museum. (approx. 55 km)

## Day 4 Emden – Norden/surrounding

Cycle through "Krummhörn" to picturesque fisher village Greetsiel, the biggest crab-fisher port of Weser-Ems region. Don't pass by without having a couple shrimps. Past the bay of Ley – where you might be lucky to spot seals – you cycle to Norden, resp. Norddeich at Wadden Sea. (approx. 55 km)

## Day 5 Excursion to Norderney Island or rest day

Norderney is the oldest health-bath at the North Sea and has been sought after for more than 200 years by persons looking for recuperation. The ferry takes about 1 h from Norddeich to the Island which is ideally suited to be explored by bicycle. Enjoy the Island, the beach-life and National Park Wadden Sea. Ferry cruise incl. bicycle is not included in the package price, visitor's tax payable locally.



**Day 6****Norden/surrounding – Wittmund/Jever**

Leaving Norden you keep to the coast and cycle on the dyke to Dornum with the most beautiful water-castle of East Frisia. Cycling through the marshes you reach the ancient East Frisian chieftain domicile Esens. Overnight at Wittmund or Jever. (approx. 50-62 km)

**Day 7****Wittmund/Jever – Dangast**

Leaving Wittmund your first stop is castle Gödens. Along "Zeteler marsh" you cycle to "Jadebusen". Nestling between forest and sea Varel with Dangast, the oldest North Sea bath at Lower Saxony's coast, constitutes an attraction not only for art-lovers, who wish to follow the traces of famous Expressionists (Radziwill-museum). Overnight in Dangast or surrounding. (approx. 38-50 km)

**Day 8****Dangast – Oldenburg - Departure**

On winding roads you cycle to animal- and fun park Jaderberg, home for more than 600 animals. Throught the region "Ammerland" you cycle to Rastede which was used to be summer residence of Oldenburg's dukes and earls. Cycle through the spacious park towards Oldenburg. (approx. 50 km)

# The route

All routes are completely flat! You cycle mainly on paved or plastered country lanes, sometimes on minor roads.

> Explore the area on [Google Maps](#)



# Prices and events

Place of arrival: Oldenburg

	Season 1 20.04.2024 - 25.04.2024   03.10.2024 - 07.10.2024   Thursday, Saturday and Monday	Season 2 26.04.2024 - 08.05.2024   26.09.2024 - 02.10.2024	Season 3 09.05.2024 - 25.09.2024
East Frisian Impressions, 8 days, cat. A, DE-0FR00-08A			
Base price	829.00	889.00	959.00
Surcharge single room	219.00	219.00	219.00
East Frisian Impressions, 8 days, cat. B, DE-0FR00-08B			
Base price	769.00	819.00	879.00
Surcharge single room	219.00	199.00	219.00

**Sustainability with Rückenwind!**  
Help us to achieve greater sustainability. If you choose to use the digital route book and forgo the printed version you will help us to reduce our environmental impact and we'll give you a discount of 20 Euro per room as a thank you.

# Additional nights

Place of arrival: Oldenburg

	Season 1 Apr 20, 2024 - Apr 25, 2024   Oct 3, 2024 - Oct 7, 2024   Thursday, Saturday and Monday	Season 2 Apr 26, 2024 - May 8, 2024   Sep 26, 2024 - Oct 2, 2024	Season 3 May 9, 2024 - Sep 25, 2024
Oldenburg			
Double room p. P.	65.00	65.00	65.00
Surcharge single room	40.00	40.00	40.00
Oldenburg			



	<b>Season 1</b> Apr 20, 2024 - Apr 25, 2024   Oct 3, 2024 - Oct 7, 2024   Thursday, Saturday and Monday	<b>Season 2</b> Apr 26, 2024 - May 8, 2024   Sep 26, 2024 - Oct 2, 2024	<b>Season 3</b> May 9, 2024 - Sep 25, 2024
Double room p. P.	65.00	65.00	65.00
Surcharge single room	40.00	40.00	40.00

# Our bookable bikes

	<b>Price</b>
21-gear unisex	99.00
21-gear gents	99.00
7-gear unisex	99.00
Rental bike PLUS	169.00
Electric bike	259.00

Prices per person in EUR

# Services & Extras

## Services

- 7 nights as described
- Breakfast
- Personal tour information on site (GER, ENG)
- Detailed travel documents, 1x per room (GER, ENG)
- Carefully prepared itinerary
- Luggage transfer from hotel to hotel
- Navigation app and GPS data available
- Rental bike insurance
- 7-day-service-hotline

### Not included

- Arrival and departure
- Costs for parking
- City tax
- Transfers
- Optional sightseeings
- City maps
- Travel Insurance
- Costs of the private requirements

## Extras

### Parking

- Underground parking spaces at the hotel approx. € 10,- per day. No reservation possible, payable on site.
- Free public parking in the side streets.

### Note

- Special arrangements for at least 4 people on request!

## Hotels

**Category A:** 3\*\*\* and 4\*\*\*\*-hotels ensuite facilities.

**Category B:** Good hotels and guest houses, mostly 3\*\*\*category, located in the surrounding.

## Important notes


Further important information according to the package travel law can be found [here!](#)

# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**