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## Provence for epicure

Cycling tour through one of the most beautiful regions of France

### The fascination of the Mediterranean way of life





The Romans, the mountains, the wine: the beauty of Provence feeds on different roots, resembles a fascinating, wild-growing plant of which no second specimen exists. Enjoy the views of Mont Ventoux and the hills of the Vaucluse with the famous wine-growing areas of the Côtes du Rhône. The city of Orange already awaits you on the first day of your journey: the grandiose theatre and the triumphal arch are testimonies of the Roman era. Immerse yourself in a glorious era of human history.

#### Enjoyment in Provençal

The region is a Dorado for gourmets in search of something special. Wine, olive oil, truffles, are just a few delicacies. The picturesque markets are an absolute must. Let yourself drift there and enjoy sun-ripened fruit and vegetables - all from the region! But you will also find all kinds of products made from and with lavender. A delight!


France

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Easy

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7 Days / 6 Nights



Self-guided tour

To the online version



# Itinerary

**Day 1****Arrival at Orange**

Orange is a city with marvellous buildings dating back to the Romans. The spectacular theatre and the triumph arc are historic witnesses of this epoch. Accommodation is in a choice typical hotel in the centre. The old town breathes the charm of the Provence with its small shops and cafés.

**Day 2****Orange – Châteauneuf du Pape – Orange, approx. 45 km**

After breakfast start to the first roundtrip to the world wide famous wine-growing town. Chateauneuf-du-Pape. Here one of the most full bodied red wines of Provence is grown. The vineyards were cultivated by the popes, who had their second residence in the region. Via Courthézon (medieval fortress) today's tour leads back to Orange.

**Day 3****Orange – Vaison-la-Romaine, approx. 45 km**

In full view of the mighty mountain Mont Ventoux you cycle through the vineyards of the Cote du Rhone to the historical town Vaison-la-Romaine, with many antiques. Especially worth visiting are the ruins of the old Roman town as well as the Roman church Notre Dame de Nazareth.

**Day 4****Vaison-la-Romaine round trip, approx. 26 km**

On Tuesday there is a wonderful market during the morning. Explore the market of Vaison-la-Romaine and enjoy the culinary variety of the region. In the afternoon you have enough time to cycle a short round trip to the typical small villages with medieval architecture.

**Day 5****Vaison-la-Romaine – L'Isle-sur-la-Sorgue/surroundings, approx. 55 km**

You cycle to Sablet and Gigondas. Both villages are really well-known for the vine-culture. Afterwards you cycle to Carpentras – best-known for strawberries and Berlingots (sweet candy). Today you will see the famous spring Fontaine-de-Vaucluse, one of the most spectacular nature monuments of France. On small roads you cycle to the small town L'Isle-sur-la-Sorgue. For a long time the regional artisans used the water power of the small river Sorgue. Little water-wheels, the plane trees on the banks and numerous antique shops invite for a little stroll.

**Day 6****L'Isle-sur-la-Sorgue/surroundings – Avignon, approx. 45 km**

We follow the valley of the branching river Sorgue. On the way you have the opportunity to visit the grotto of Thouzon, the only public accessible stalactite cavern of the Provence. Along the Durance and on tranquil roads you reach the centre of Avignon. Take the opportunity of an idyllic stroll through the old town and visit the Popes palace.

**Day 7****Avignon – Orange and individual departure, approx. 35 km**

On small roads along the Rhone you leave Avignon and you reach Orange around noon.

# The route

The tours lead through the varying landscapes of Provence. The route is planned to lead almost always on side streets with low traffic. This is an easy and diverting tour with only short simple ascents. Therefore this tour is also suited for beginners or persons with low training level.

> Explore the area on [Google Maps](#)





# Prices and events

Place of arrival: Orange

	Season Saison 1 23.03.2024 - 03.05.2024   06.10.2024 - 12.10.2024   Saturday	Season Saison 2 04.05.2024 - 14.06.2024   08.09.2024 - 05.10.2024   Saturday	Season Saison 3 15.06.2024 - 07.09.2024   Saturday
Provence Epicure, 7 days, cat.deluxe, FR-PRRGE-07D			
Base price	1,099.00	1,159.00	1,199.00
Surcharge single room	359.00	359.00	359.00
Provence Epicure, 7 days, cat.A, FR-PRRGE-07A			
Base price	929.00	979.00	1,039.00
Surcharge single room	239.00	239.00	239.00

Sustainability with Rückenwind!

Help us to achieve greater sustainability. If you choose to use the digital route book and forgo the printed version you will help us to reduce our environmental impact and we'll give you a discount of 20 Euro per room as a thank you.

# Additional nights

Place of arrival: Orange

	Season Saison 1 Mar 23, 2024 - May 3, 2024   Oct 6, 2024 - Oct 12, 2024   Saturday	Season Saison 2 May 4, 2024 - Jun 14, 2024   Sep 8, 2024 - Oct 5, 2024   Saturday	Season Saison 3 Jun 15, 2024 - Sep 7, 2024   Saturday
Orange			
Double room p. P. cat. deluxe	120.00	120.00	120.00
Surcharge single room	95.00	95.00	95.00

	Season Saison 1 Mar 23, 2024 - May 3, 2024   Oct 6, 2024 - Oct 12, 2024   Saturday	Season Saison 2 May 4, 2024 - Jun 14, 2024   Sep 8, 2024 - Oct 5, 2024   Saturday	Season Saison 3 Jun 15, 2024 - Sep 7, 2024   Saturday
Orange			
Double room p. P. cat. deluxe	120.00	120.00	120.00
Orange			
Double room p. P. cat.A	85.00	85.00	85.00
Surcharge single room	78.00	78.00	78.00
Orange			
Double room p. P. cat. A	85.00	85.00	85.00

# Our bookable bikes

	Price
21-gear unisex	95.00
21-gear gents	95.00
7-gear unisex	95.00
7-gear gents	95.00
Rental bike PLUS	165.00
Electric bike (free wheel)	239.00

Prices per person in EUR





# Services & Extras

## Services

### Included:

- 6/7 Overnights in hotels of the booked category incl. breakfast
- Luggage transfer
- Personal welcome briefing (GE,EN)
- At best elaborated route with maps (GE,EN,FR)
- Detailed travel documents with maps 1x per room (GE,EN,FR)
- GPS-Tracks and Navigation-App
- For rental bikes, rental bike insurance
- 7-days-service-hotline

### Not included:

- Arrival and departure
- Costs for parking
- City tax
- Transfers
- Optional sightseeings
- City maps
- Repairs of own bike
- Travel Insurances
- Costs of the private requirements

## Extras

### Arrival / Parking / Departure

- Fly to Marseille. Take the train (TGV) from Marseille airport to the main train station in Orange. Good rail connection to Orange, Duration approx. 1,5 h.
- Good train connections to Orange (TGV-station). The start hotel is located approx. 1 to 3 km away from the station.
- Cat. Deluxe: Underground car park nearby, cost approx. € 10 per day, no reservation possible.
- Cat. A: Depending on the booked hotel, either underground car park nearby, costs approx. € 10 per day or parking spaces at the hotel, partly subject to charges, no reservation possible.

## Hotels

### French hotel classification

**Category A:** Overnight stays in very good quality hotels of the 2\*/3\* category. All rooms with shower/bath and WC.



**Category Deluxe:** Overnight stays in hotels of the 3\*/4\* category. Mostly they are the best hotels in the place and all of them offer separate wellness and beauty areas. In addition, enjoy the excellent restaurants in these beautiful accommodations. All rooms have shower/bath and WC.

## Important notes


Further important information according to the package travel law can be found [here!](#)

# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**