



St. Moritz - Bolzano

Along the Inn and Adige Cycle Path

This stunning tour starts in the chic village of St. Moritz and then leads you initially through the wide high-altitude valley of the Engadin region always along the river Inn. As soon as you have left the picturesque villages and vast forest areas of the Swiss National Park behind you, you only stay in Austria for a short while, because after that you immediately ascend to the Reschen pass and then over to Italy. Castles and palaces along the way and impressive cultural highlights in each place you stay overnight will thrill those with a historical interest. Not only will the vineyards and orchards along the stunningly beautiful paths inspire and delight the heart and soul of every cyclist, but also the fresh, clean air and unspoilt nature.. With over 1200 metres in altitude this cycle path takes you downhill all the way from the Alps through sunny Italy until you get to Bolzano!

Switzerland Italy



Easy to Moderate



9 Days / 8 Nights



Self-guided Tour

To the online version



Itinerary

Day 1 Arrival in St. Moritz

If you arrive early enough, we recommend a first cycle tour to the lakes Silser See and St. Moritzer See even today.

Day 2 Excursion around Sankt Moritz | approx. 40 km

Enjoy the fascinating surroundings of St. Moritz. We recommend a bike tour around the lake towards Inn-Ursprung.

Day 3 St. Moritz – Zernez | approx. 35 km

Cycle via Samedan (Old Tower), La Punt (early Gothic San-Andrea church with frescoes) and Zuoz (painted stained glass windows in the church San Luzi) to Zernez. The cycle path leads through the high-altitude valley of the Oberengadin region. Zernez is the gateway to the National Park (National Park house).

Day 4 Zernez – Scuol | approx. 35 km

Initially you cycle to Lavin, which has kept the character of an old mountain village. The name of the picturesque village Guarda („Look“) comes from the brilliant view you can enjoy from there. Day 3 Finish is Scuol, with a water park «Bogn Engiadina» and Tarasp castle, the majestic landmark of the Engadin.

Day 5 Scuol – Burgeis/Mals | approx. 60 km

From Scuol via Martina to the border. The first Austrian village Pfunds. From here transfer by bus to Nauders. There are just under 70 metres in altitude left up to the Reschen-pass. Descent towards lake Reschensee and onwards on side tracks to Mals (centre of village with many towers) or Burgeis at the foot of Marienburg castle.

Day 6 Burgeis/Mals – Merano | approx. 65 km

For now you cycle to Glurns (totally preserved medieval city wall). Via the Montani-ruins through Schlanders and down to Merano. Castles and palaces (Juval palace owned by mountaineer Reinhold Messners) tower high above or directly on the route. While cycling enjoy the view onto the impressive Ortler massif and the Stilfserjoch. Since 2004 the Vinschgaubahn between Mals and Merano is back in operation and can be used at any time to shorten a bit of the way.

Day 7**Merano – Kaltern/Tramin/Auer**

approx. 45/50 km

Via Lana (Schnatterpeck-altar) and through countless orchards and vineyards in the area of the South Tyrolean wine route past many defensive castles, palaces and ruins such as Hocheppan (significant frescoes) as well as at the 'cathedral in the countryside' (Dom auf dem Lande) in St. Pauls all the way to lake Caldaro. You usually stay in the cosy wine town Auer.

Day 8**Kaltern/Tramin/Auer – Bolzano**

approx. 35 km

From the enchanting wine village, you cycle on flat terrain through the Adige valley or (more scenic however with bigger ascent) via the Montiggler lakes, past Sigmundskron, to Bolzano (arbour alleys, Ötzi – museum).

Day 9**Departure or extension**

Would it not be wonderful to add on a few extra days...? Great opportunity to extend your tour to Venice or Verona.

Tour character

You cycle on marvellously well-maintained cycle paths mainly along the rivers Inn and Adige. The total route descends from start to finish over nearly 1200 metres in altitude. Nevertheless, small ascents will be part of the route too. You mainly cycle on bike paths (especially in Switzerland on dirt or gravel surfaces) or on asphalted rural tracks. For very short sections however you may have to cycle on roads with moderate traffic when it is unavoidable

› [Explore the area on Google Maps](#)

Prices and events

Place of arrival: St. Moritz

	Season 1 06.05.2022 - 19.05.2022 16.09.2022 - 24.09.2022 Friday	Season 2 20.05.2022 - 16.06.2022 26.08.2022 - 15.09.2022 Friday	Season 3 17.06.2022 - 25.08.2022 Friday
St. Moritz - Bolzano, 9 days, CH-INRSB-09X			
Base price	1,129.00	1,169.00	1,199.00
Surcharge single room	349.00	349.00	349.00
Surcharge half board evening meal (mostly multi-course, sometimes outside the property, payable with voucher)	269.00	269.00	269.00

Additional nights

Place of arrival: St. Moritz

	Season 1 May 6, 2022 - May 19, 2022 Sep 16, 2022 - Sep 24, 2022 Friday	Season 2 May 20, 2022 - Jun 16, 2022 Aug 26, 2022 - Sep 15, 2022 Friday	Season 3 Jun 17, 2022 - Aug 25, 2022 Friday
St. Moritz			
Extra night p.p. dbl/bb	119.00	119.00	119.00
Extra night sgl/bb	204.00	204.00	204.00
Bolzano			
Extra night p.p. dbl/bb	79.00	79.00	79.00
Extra night sgl/bb	138.00	138.00	138.00

Our bookable bikes

	Filter
7-gear unisex with back pedal break incl. rental bike insurance	89.00
21-gear unisex incl. rental bike insurance	89.00
21-gear gents incl. rental bike insurance	89.00
rental bike Premium (27-gear)	139.00
Electric bike incl. rental bike insurance	199.00

Prices per person in EUR

Services and extras

Services

- Accommodation as already mentioned
- Breakfast buffet
- Luggage transfer between hotels
- Best developed route
- Detailed travel documents (route maps, route description, local attractions, important telephone numbers)
- Bus transfer from Pfunds – Nauders incl. your bike
- Own signposting
- GPS-data is available
- Rental bike insurance
- Service hotline

Extras

Arrival / Parking / Departure

- St. Moritz central train station
- Innsbruck and Munich airport
- Garage CHF 15 per day, public parking space approx. CHF 80,- per week, payable at the time, no reservation possible
free public parking close to the hotel
- Return transfer bookable at www.bikeshuttle.at
- Return journey with public transport requires a change 3 to 4

Hotels

Categorie: 3***-Hotels, Bolzano and St. Moritz 4****-Hotels

Important notes


Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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Book now

