







★★★★★ (4)





## Merano - Lake Garda

South Tyrol, Etsch cycle path and Lake Garda


### From the Alps to the Lago

Spring, summer or autumn, South Tyrol is always worth a trip especially by bike. Glistening ice caves, mountain massifs, bountiful orchards and vineyards transform your journey into a sensuous adventure. You cycle downwards into the valley along the river Adige until Bolzano. Relax, recuperate and enjoy a bottle of the world renowned Kalterer wine. Appreciate the well-maintained and stunning cycling paths to your final stop, the impressive Lake Garda - the crowning finale of this very attractive tour.


Italy



Easy



7 Days / 6 Nights



Self-guided tour

To the online version



# Itinerary

## Day 1 Arrival in Meran

Travel documents and rental bikes (if booked) are to be found at the hotel.

## Day 2 Excursion Vinschgau/Meran + train | approx. 70 km

Take the train line 'Venosta' towards the mountain pass 'Resia'. From the town of Malles onwards to Glurns (perfectly preserved Medieval city wall). Via the Montani ruins past Silandro and heading south to Merano. Castles and palaces dot your way or tower high above (i.e. Juval castle owned by the Austrian mountaineer Reinhold Messner). While cycling enjoy marvellous views of the impressive 'Ortler' massif and the 'Stilfserjoch'. This stage can be shortened if you wish.

## Day 3 Merano – Bolzano | approx. 45 km



Via Lana (Schnatterpeck altar) and through numerous orchards and vineyards in the area of the South Tyrolian wine route, past several well-fortified castles, palaces and ruins onwards to Appiano and along the base of Sigmundskron castle (Messner-Mountain museum) to Bolzano (pergolas, 'Ötzi' museum).

## Day 4 Bolzano – Auer | approx. 30 km

There are two ways to get to Lake Caldaro: either the slightly hilly way on the bike path via Appiano or on the flat cycle path along the Adige dam until the charming wine village Ora.

## Day 5 Auer – Trento | approx. 45 km

From Ora you continue on the cycle path along the Adige dam. The 'Salurner Klause' is the end of the German speaking part of South Tyrol. The route leads you through the famous Trentino wine regions into the ancient diocesan town Trento (lovely old part of town, cathedral, Buonconsiglio palace).

Day 6

Trento – Lake Garda (Torbole/Riva)

approx. 45 km

Shortly after the old Tyrolian border town of Rovereto, our cycling tour leaves the Adige valley. In Mori you will taste the world famous pistachio ice-cream in the Gelateria Bologna. After the only ascent worth mentioning (approx. 150 m) over the small San Giovanni pass, the path leads downhill along the lake towards Torbole. The cycle tour either ends in Riva or Torbole.

Day 7

Departure or extension

# Tour character

An easy cycle tour, mainly on cycle paths. Only towards lake Caldaro and lake Garda will you come across minor ascents.

# Prices and events

Place of arrival: Merano

**Season 1**

30.03.2024 - 12.04.2024 | 28.09.2024 - 12.10.2024 |  
Daily

**Season 2**

11.05.2024 - 06.09.2024 |  
Daily

Merano - Lake Garda, 7 days, IT-BZRMG-07X		
Base price	94900	1,09900
Surcharge single room	31900	31900

Sustainability with Rückenwind!

Help us to achieve greater sustainability. If you choose to use the digital route book and forgo the printed version you will help us to reduce our environmental impact and we'll give you a discount of 20 Euro per room as a thank you.

# Additional nights

Place of arrival: Merano

**Season 1**

Mar 30, 2024 - Apr 12, 2024 | Sep 28, 2024 - Oct 12, 2024 |  
Daily

**Season 2**

May 11, 2024 - Sep 6, 2024 |  
Daily

Merano		
Double room p.P.	9500	10900
Surcharge single room	2500	2500
Torbole/Riva		
Double room p.P.	8900	9900
Surcharge single room	4500	4500

# Our bookable bikes

	Price
21-gears unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
7-gears unisex incl. rental bike insurance	99.00
Rental bike PLUS incl. rental bike insurance	169.00
Electric bike incl. rental bike insurance	259.00

Prices per person in EUR



# Services & Extras

## Services

- Accommodation as already mentioned
- Breakfast
- Luggage transfer
- Developed route
- Detailed travel documents 1x per room (German, English, French)
- 1 Train journey with the 'Venosta' to Malles incl. your bike
- 1 Pistachio ice-cream or 1 freshly squeezed fruit juice on the way to Lake Garda
- Rental bike insurance
- App for Navigation and GPS-data
- Service hotline

### Not included

- Arrival and departure
- costs for parking
- city tax
- transfers
- optional sightseeing's
- city maps
- Travel Insurance
- costs of the private requirements

## Extras

### Arrival/ Parking

- Train station: Merano
- Public parking near the hotel approx. € 50,- to 80,- per week, payable on site, no reservation possible.

### Return journey

- By public bus from Riva or Torbole to Rovereto and further by train to Merano or to your home town.
- Return transfer by minibus to Merano every Saturday, Sunday, Monday and Tuesday morning), costs € 79,- per person, own bike additionally € 39,-, reservation required.

## Important notes


Further important information according to the package travel law can be found [here!](#)

# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**