










★★★★★ (1)

South Tyrol - based in one hotel


South Tyrol centre based tour


South Tyrol: Who does not think of excellent wines, Törggele meals, the Dolomites, and the scenic beauty of the landscape when hearing this name? A bicycle tour through South Tyrol can truly become an amazing holiday. This tour will show you cities like Bolzano, Merano, and Trento. You will get to Lake Kalterersee and through beautiful orchards and vineyards. A bicycle tour through South Tyrol is always also a culinary exploration. Our tour is for sure one of the most convenient ways to explore South Tyrol by bike.

Italy

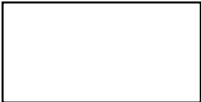


Easy to moderate

 7 Days / 6 Nights

 Self-guided tour

To the online version



Itinerary

Day 1 Arrival in Bolzano

Tour information meeting and bike fitting in the late afternoon. We recommend taking a walk through the beautiful town.

Day 2 Merano Tour approx. 65 km

From Bolzano, you will cycle along the river Eisack and then on a newly opened cycle path to Merano. The spa town at the junction of the rivers Passer and Adige is waiting for you with its many attractions (ancient fortress, Tappeiner way, spa promenade, Post Bridge ...). Your way back will lead you via Lana (Schnatterpeck Altar), through orchards and vineyards, to Eppan and back to your hotel.

Day 3 Trip to Lake Kalterersee and Lake Montigglersee approx. 45 km

You will cycle on the bike path past the castle Sigmundskron (Messner Mountain Museum) and continue to Eppan with fantastic views across the valley to Lake Kalterersee. You will find a huge number of grapes and apples along the way. Later, you will return through the nature reserve Montiggler Seen (possibilities for swimming!) and slightly uphill to Bolzano.

Day 4 Trento Tour approx. 65 km + train

Today, you will ride your bike southwards on the Adige bike path from South Tyrol, via Salurn, into the Trentino area. Immediately after leaving the German-speaking part of Italy behind you, you will get the chance to try some wonderful pasta dishes (included in the tour package price). Trento's picturesque old town with its cathedral, numerous palaces, the Castello del Buonconsiglio, and of course cosy cafes and colourful shops is your final destination today. Return transfer by train to Bolzano.

Day 5 Brixen Tour approx. 45 km + train

The day starts with a train journey to Brixen. The old cathedral town is beautifully located in the middle of vineyards. You should definitely visit the picturesque old town with its arcades and cathedral. On your way back to Bolzano, you will come across the medieval town of Klausen with the monastery Säben. Then, you will cycle downhill on an old railway line which was transformed into a beautiful bike path.

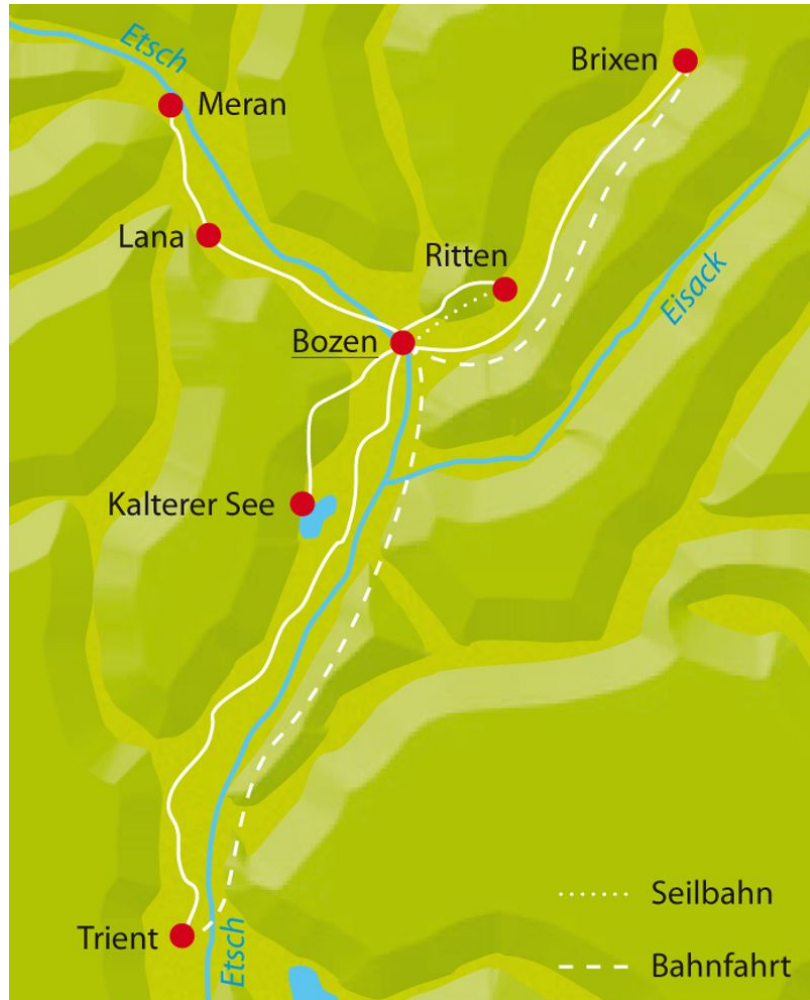
Day 6**Trip onto the Mountain Ridge Ritten approx. 30 km + cable car**

The panoramic cable car will take you up to 1,221 metres of altitude to Upper Bolzano (bike ticket not included, approx. € 4,-/round trip). By bike (or alternatively by narrow gauge railway) you will get to Lake Wolfsgrubensee and further to Klobenstein. From there, it is only a short distance to the unique earth pillars, a fantastic natural phenomenon. Then you will return to Upper Bolzano and take the cable car back down to the valley. Alternatively, you can descent from Klobenstein to the Eisacktal valley.

Day 7**Departure or extension**

The route

Many bike paths and farm tracks lead through orchards and vineyards. Only sometimes you will find yourself on short connecting roads with moderate traffic. You will cycle mostly downhill on flat roads, but there are also some short climbs. For almost all stages there are shortcuts or extensions you can take instead of taking the routes described below.



Prices and events

Place of arrival: Bolzano

	Season 1 30.03.2024 - 12.04.2024 28.09.2024 - 12.10.2024 Daily	Season 2 13.04.2024 - 10.05.2024 07.09.2024 - 27.09.2024 Daily	Season 3 11.05.2024 - 06.09.2024 Daily
South Tyrol based in one hotel, 7 days, deluxe-room, IT-BZRST-07SCA			
Base price	959.00	1,029.00	1,089.00
Surcharge single room	269.00	269.00	269.00
South Tyrol based in one hotel, 7 days, comfort-room, IT-BZRST-07SCB			
Base price	899.00	969.00	1,029.00
Surcharge single room	329.00	329.00	329.00

Sustainability with Rückenwind!

Help us to achieve greater sustainability. If you choose to use the digital route book and forgo the printed version you will help us to reduce our environmental impact and we'll give you a discount of 20 Euro per room as a thank you.

Additional nights

Place of arrival: Bolzano

	Season 1 Mar 30, 2024 - Apr 12, 2024 Sep 28, 2024 - Oct 12, 2024 Daily	Season 2 Apr 13, 2024 - May 10, 2024 Sep 7, 2024 - Sep 27, 2024 Daily	Season 3 May 11, 2024 - Sep 6, 2024 Daily
Bolzano			
Double room p. P. cat. Deluxe	99.00	99.00	99.00
Surcharge single room	35.00	35.00	35.00
Bolzano			

	Season 1 Mar 30, 2024 - Apr 12, 2024 Sep 28, 2024 - Oct 12, 2024 Daily	Season 2 Apr 13, 2024 - May 10, 2024 Sep 7, 2024 - Sep 27, 2024 Daily	Season 3 May 11, 2024 - Sep 6, 2024 Daily
Double room p. P. cat. comfort	89.00	89.00	89.00
Surcharge single room	45.00	45.00	45.00
-100% Discount in extra bed (0 - 5,99 years)	-100%	-100%	-100%
-10% Discount in extra bed (from 15 years)	-10%	-10%	-10%
-25% Discount in extra bed (12 - 14,99 years)	-25%	-25%	-25%
-50% Discount in extra bed (6 - 11,99 years)	-50%	-50%	-50%

Our bookable bikes

	Price
21-gears unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
7-gears unisex incl. rental bike insurance	99.00
Rental bike PLUS incl. rental bike insurance	169.00
Electric bike incl. rental bike insurance	259.00

Prices per person in EUR

Services & Extras

Services

- Accommodation in Hotel Scala Stiegl in your selected category
- Breakfast
- Welcome briefing (German, English)
- Developed route
- Detailed travel documents 1x per room (German, English, French)
- Train journey from Trento - Bolzano and from Bolzano – Bressanone both incl. your bike
- 1 ticket for the Rittenbahn (return, bike is NOT included)
- 1 pasta meal for lunch
- 1 Bolzano Card with many free admissions and discounts
- Rental bike insurance
- App for Navigation and GPS-data
- Service hotline

Not included

- Arrival and departure
- costs for parking
- city tax
- transfers
- optional sightseeing's
- city maps
- Travel Insurance
- costs of the private requirements

Extras

Arrival / Parking / Departure

- Parking free of charge, reservation required directly at the hotel.
- The train station is close to the hotels.

Note

- Any visitor's taxes are not included in the tour price
- Cycle ticket for ascent and descent of the Rittenbahn on your own, costs approx. € 10,- per bike.

Important notes


Further important information according to the package travel law can be found [here!](https://www.rueckenwind.de/en/destinations/biketours-italy/south-tyrol-based-in-one-hotel?year=2024&print=true)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Anke Tammen

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 **anke.tammen@rueckenwind.de**

Book now