











Swedens West Coast

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From Helsingborg to Gothenburg

Cycle during this trip in six stages along the coast through picturesque fishing villages and small ports. The route mostly follows the sea, travel through open countryside, exciting nature reserves and lush farmlands. As you draw closer to Gothenburg you will notice a shift in the landscape, with scenic cliffs, lush forests, sheltered bays and quaint harbours along the way. The culinary speciality of this region is seafood, which is the biggest celebrity on this bike tour. Discover the West coast and enjoy everything the region is so well-known for!

Sweden



Easy to moderate



8 Days / 7 Nights



Self-guided tour

To the online version



Itinerary

Day 1**Arrival Helsingborg**

Individual arrival to Helsingborg. Your hotel is located in the center of Helsingborg with easy access to the city's main attractions, like the medieval watchtower Kärnan and St. Mary's Church. In the evening a welcome briefing and bike fitting (if booked) takes place.

Day 2**Helsingborg - Ängelholm**

approx. 60 km

Starting with a ride along the promenade in Helsingborg you will soon pass Sofiero Palace with its gardens. The park is a thriving oasis and was awarded as "Europe's Most Beautiful Park" in 2010. You continue along the coast through quaint little fishing villages and small boat marinas. The tour leads you to Höganäs where you can see and buy the world famous salt-glazed Höganäs ceramics. The journey crosses the Kulla Peninsula, passing vineyards and small farm shops before you get to Ängelholm where you stay overnight.

Day 3**Ängelholm – Halmstad**

approx. 75 - 95 km

From Ängelholm you follow the coast to Vejbystrand. You cycle through open meadows and several small coastal communities. In Magnarps Port you can stop for a well-hidden, lovely fish restaurant with a stunning view of the sea. You leave the coast to cycle across the peninsula towards the beautiful summer town of Båstad. Now the journey continues along one of Sweden's longest sandy beaches and the resorts of Skummeslövsstrand and Mellbystrand. You will also pass the nature reserves Tönnnersa and Gullbranna and finally reach Halmstad.

Day 4**Halmstad - Falkenberg**

approx. 60 km

Today Sweden's most famous beach is awaiting you: Tylösand. Not only the beach but also the hotel of the same name is worth a visit. The trip continues north along the coast. The sea, open countryside, exciting nature reserves and lush farmland lies along the following stretch. You pass Ugglarp, a small coastal community with famous vegetable gardens and a nice seaside resort. The route leads you over beautiful Grimsholmen to Falkenberg, which is one of the oldest medieval towns in the region of Halland.

Day 5**Falkenberg – Varberg**

approx. 40 km

Look forward to picturesque fishing villages, artists and artisans along the route. In Träslövsläge you can feast on freshly cooked lobsters and stroll through the older parts of the city. As you approach Varberg the castle towers over you.

Day 6**Varberg - Kungsbacka**

approx. 60 - 70 km

North of Varberg the landscape changes - the sandy beaches are fewer and smaller, while rocky coastline starts to dominate and the first islands begin to appear in the sea. In Åsa you leave the sea for a moment to bike through farmland and rolling hills to Fjärås Bräcka. Take a break and enjoy the views of both the lake and the sea, and visit the Li burial ground with its more than 100 stone megaliths. Along fields and horse farms you will reach Kungsbacka finally, a cozy small town with impressive old city.

Day 7**Kungsbacka – Gothenburg**

approx. 40 - 65 km

You missed the sea? Thanks heaven it will accompany you again today. You will pass Vallda and Särö, the former playground of the ancient royal family and Gothenburg high society. Afterwards you will soon reach the old railway, now converted into a bike path just near the sea. Cliffs, lush forests, bays and marinas line your path into Gothenburg. Follow the harbor to enter Sweden's second largest city and enjoy your last overnight.

Day 8**Individual departure or extension**

After breakfast your tour ends. We are happy to extend your holidays with extra nights.

Tour character

You cycle on well sign-posted bike paths and gravel roads as well as side roads with less traffic. Flat to slightly hilly tour course.



Prices and events

Place of arrival: Helsingborg

	Season 1 25.05.2024 - 31.05.2024 31.08.2024 - 07.09.2024 arrival saturday	Season 2 01.06.2024 - 14.06.2024 17.08.2024 - 30.08.2024 arrival saturday	Season 3 15.06.2024 - 16.08.2024 arrival saturday
West coast of Sweden, 8 days, cat. A, SE-KARHG-08A			
Base price	1,249.00	1,299.00	1,349.00
Surcharge single room	539.00	539.00	539.00
West coast of Sweden, 8 days, cat. B, SE-KARHG-08B			
Base price	1,169.00	1,209.00	1,249.00
Surcharge single room	499.00	499.00	499.00

Additional nights

Place of arrival: Helsingborg

	Season 1 May 25, 2024 - May 31, 2024 Aug 31, 2024 - Sep 7, 2024 arrival saturday	Season 2 Jun 1, 2024 - Jun 14, 2024 Aug 17, 2024 - Aug 30, 2024 arrival saturday	Season 3 Jun 15, 2024 - Aug 16, 2024 arrival saturday
Helsingborg			
Double room p.P. cat. A	109.00	109.00	109.00
Surcharge single room	70.00	70.00	70.00
Goeteborg			
Double room p.P. cat. A	109.00	109.00	109.00
Surcharge single room	70.00	70.00	70.00
Helsingborg			

	Season 1 May 25, 2024 - May 31, 2024 Aug 31, 2024 - Sep 7, 2024 arrival saturday	Season 2 Jun 1, 2024 - Jun 14, 2024 Aug 17, 2024 - Aug 30, 2024 arrival saturday	Season 3 Jun 15, 2024 - Aug 16, 2024 arrival saturday
Double room p.P. cat. B	89.00	89.00	89.00
Surcharge single room	67.00	67.00	67.00
Goeteborg			
Double room p.P. cat. B	99.00	99.00	99.00
Surcharge single room	65.00	65.00	65.00

Our bookable bikes

	Price
Rental bike	149.00
Electric bike (Freewheel)	309.00
Premium bike (30-speed, sporty, freewheel)	219.00

Prices per person in EUR

Services and extras

Services

Included Services

- Overnights in chosen category
- Breakfast
- Luggage transfer
- Carefully elaborated route instructions
- Detailed travel documents (route maps, route description, tourist attractions and sights, important telephone numbers)
- GPS data available
- Service Hotline

Not included Services

- Arrival and departure
- costs for parking
- city tax
- transfers
- optional sightseeings
- city maps
- Travel Insurance and costs of the private requirements

Extras

Arrival

- By plane: Copenhagen or Gothenburg airports, continue by train to Helsingborg. Hourly train connections available, bicycle transport possible.
- By train: Helsingborg railway station. Most arrival hotels are not far from the station.
- By car: Hotel garage in Helsingborg from approx. 240 SEK (approx. 25 euros) per day, reservation not possible, payable locally.

Hotels

- **Category A:** 3***- and 4**** hotels
- **Category B:** 2**- and 3*** hotels and inns

Important notes


Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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Book now